

ASSESSMENT FORM

FACE & BODY

Surname:

.....

First name:

.....



**INNER POWER.
BETTER LIFE.**

STAPLE THE FACE AND BODY
ASSESSMENT PICTURES HERE

PHOTOS

DATE

PERSONAL INFORMATION

Name: First name: ☐ F ☐ M
Address:
.....
Age: Profession:
Tel.: Mobile:
Email:

MOTIVATIONS

.....
.....
.....

WOMEN'S EVENTS

Pregnancies: Number: Dates:
Contraception: Type:
Menopause: Since approximately:
Hormone replacement therapy: Type:

LIFESTYLE

HYDRATION

Do you drink fluids regularly?
What volume per day (water, tea, coffee, soup)?

DIET AND EXERCISE

Do you have a balanced diet?
(Five fruits and vegetables per day, proteins, carbohydrates and dairy products at every meal, reduced consumption of fat, salt and sugar)
Do you sometimes overeat?
Are you following a weight-reduction diet?
Do you exercise regularly?
(at least the equivalent of 30 minutes per day, walking for example)

OTHER

Do you sleep well?
Do you regularly expose yourself to ultraviolet rays? (natural/artificial)?
Do you smoke?

HEALTH HISTORY

(diseases, surgeries, scars, medication taken)
.....
.....

FACE endermologie® ASSESSMENT

Method developed in partnership with the Skin Aging Diagnosis Centre (CDVP), C.H.U. (Central University Hospital), Besançon, France. Directed by Professor Philippe Humbert.

TYPE OF SKIN AGING



☐ Sagging



☐ Thickening



☐ Hollowing

endermologie® COSMÉTIQUES PRESCRIPTION

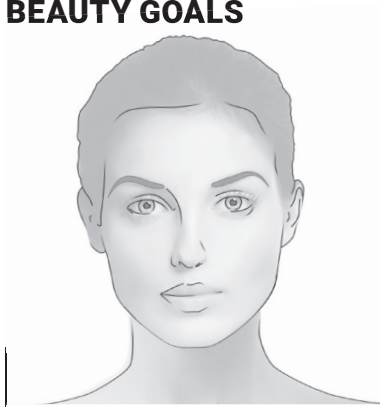
- ☐ Preparing Micellar Water
- ☐ Expert cleansing Balm
- ☐ Exfoliating Cream
- ☐ Active Replenishing Essence
- ☐ Eye Balm
- ☐ Total Eye Care
- ☐ Eye & Lip Contour Cream
- ☐ Eye Cream
- ☐ Post-treatment eye contour mask
- ☐ Oil-in-water replenishing Serum
- ☐ Radiance Brightening Serum

- ☐ Intense Hydrating Smoothing Serum
- ☐ Smoothing Filler Milky Serum
- ☐ Anti-ageing Renewal Serum
- ☐ Post-Care Collagen Mask
- ☐ Dynamic Replenishing Gel-Cream
- ☐ Smoothing Filler Cream
- ☐ Replenishing Firming Cream
- ☐ Tensing Firming Cream
- ☐ Firming V-Shaping Cream
- ☐ Anti-ageing Renewal Cream
- ☐ Cellular defense Anti-ageing Cream SPF 30

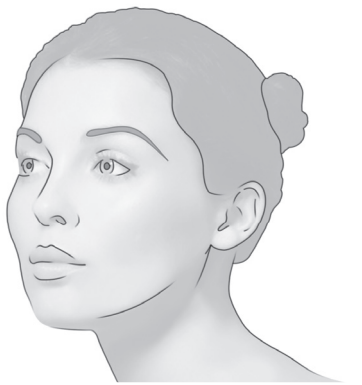
NUTRICOSMETICS PRESCRIPTION

- ☐ Vitality Booster
- ☐ Hyaluronic Acid
- ☐ Omega
- ☐ Water Glow
- ☐ Collagen

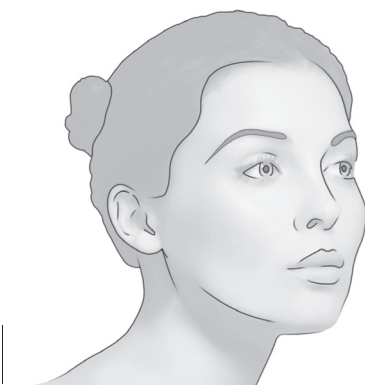
BEAUTY GOALS



Full-face



Left profile



Right profile

DIRECTLY MARK ON THE FACE:

C: Clarify the complexion

FS: Firm the skin

S: Slim the face

FW: Fill in wrinkles

FIRM THE SKIN GOAL:

- After light pinching and stretching of the skin, it returns to its original state:

☐ Quickly: firm skin ☐ Slowly: slackening skin

- EVALUATION FROM 0 TO 5: (0: very loose skin, 5: firm skin)

Assessment 1

Assessment 2

Assessment 3

Date: Score:

Date: Score:

Date: Score:

Recommended protocol: endermologie® Age-defying Skin Toning

FILL IN WRINKLES GOAL:

- EVALUATION FROM 0 TO 5: (de 0: very wrinkled skin, 5: skin with no wrinkles)

Assessment 1

Assessment 2

Assessment 3

Date: Score:

Date: Score:

Date: Score:

Recommended protocol: endermologie® Age-defying Replumping

CLARIFY THE COMPLEXION GOAL:

- EVALUATION FROM 0 TO 5: (de 0: dull complexion, 5: radiant complexion)

Assessment 1

Assessment 2

Assessment 3

Date: Score:

Date: Score:

Date: Score:

Recommended protocol: endermologie® Glow

SLIM THE FACE GOAL:

- When pinching the skin with fingers, the fold is:

☐ Thick: fat storage ☐ Thin: slackening skin

- EVALUATION FROM 0 TO 5: (de 0 : pli épais à 5 : pli fin)

Assessment 1

Assessment 2

Assessment 3

Date: Score:

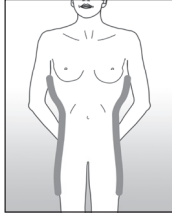
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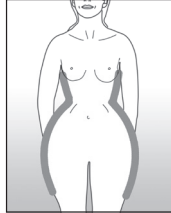
Recommended protocol: endermologie® Age-Defying Resculpting

BODY endermologie® ASSESSMENT

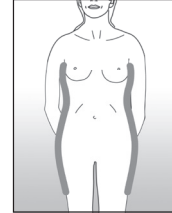
BODY MORPHOTYPE



☐ Android



☐ Gynoid



☐ Balanced

ENDERMOWEAR™ SUIT

☐ 1 (M)

☐ 2 (L)

☐ 3 (XL)

☐ 4 (XXL)

☐ Men



endermologie® COSMÉTIQUES PRESCRIPTION

☐ Glowing Resurfacing Body Cream

☐ Body Shaping Gel

☐ Body Shaping Cream

☐ Firming Contour Fluid

☐ Light Legs Mist

☐ Anti-Cellulite Intensive Serum

☐ Anti-Cellulite Cream-in-gel



NUTRICOSMETICS PRESCRIPTION

☐ Vitality Booster

☐ Slimming Concentrate

☐ 14-day LPG® Express Organic Slimming Tea

☐ Omega

☐ LPG® Fat & Sugar Control

☐ 14-Day LPG® Express Day & Night Orange Peel

BEAUTY GOALS



Directly mark on the body:

S: Smooth cellulite

F: Firm the skin

R: Release fat

RL: Recover light legs

Weight:

Test clothing size:

RELEASE FAT GOAL

AREAS	DISTANCE FLOOR MARKING	ASSESSMENT 1	ASSESSMENT 2	ASSESSMENT 3	ASSESSMENT 4	ASSESSMENT 5	ASSESSMENT 6
Bust		cm	cm	cm	cm	cm	cm
Waist		cm	cm	cm	cm	cm	cm
Hips		cm	cm	cm	cm	cm	cm
Buttocks		cm	cm	cm	cm	cm	cm
Thighs		cm	cm	cm	cm	cm	cm
Knees		cm	cm	cm	cm	cm	cm
Calves		cm	cm	cm	cm	cm	cm

Recommended protocols: endermologie® Total Care, endermologie® Gynoid Body, endermologie® Android Body, endermologie® Shorty

FIRM THE SKIN GOAL

EVALUATION FROM 0 TO 5: (0: very loose skin, 5: firm skin)

Assessment 1

Assessment 2

Assessment 3

Date: Score:

Date: Score:

Date: Score:

Recommended protocol: endermologie® Skin Toning

SMOOTH CELLULITE GOAL

Liposcore®-based method, developed in partnership with Dr. Philippe Blanchemaison

1 - IN YOUR FAMILY, HAVE YOU ALREADY HEARD WOMEN COMPLAINING ABOUT:

☐ Swollen legs

☐ Excess weight

☐ Stubborn cellulite

2 - YOUR CELLULITE IS:

☐ Widespread

☐ In one specific area

3 - IS YOUR CURRENT WEIGHT MORE THAN YOUR IDEAL WEIGHT?

☐ Yes, it varies from one week to the next

☐ Yes, it varies depending on age

☐ Yes, but stable or increasing

4 - DO YOU SOMETIMES SUFFER FROM:

☐ Swollen ankles

☐ Heavy legs

☐ Painful when pinched

5 - HOW LONG HAVE YOU HAD CELLULITE FOR:

☐ Less than a year

☐ One to five years

☐ More than 5 years

Majority of ☐ (aqueous cellulite)

Majority of ☐ (adipose cellulite)

Majority of ☐ (fibrous cellulite)

Recommended protocol:
endermologie® Aqueous Cellulite

Recommended protocol:
endermologie® Cellulite Smoothing

RECOVER LIGHT LEGS GOAL

Heavy legs sensation: ☐ Yes

☐ No

Tension / stress: ☐ Yes

☐ No

Area:

Recommended protocol: endermologie® Fluid Mobilization

1

N°	DATE	COMMENTS	N°	DATE	COMMENTS	N°	DATE	COMMENTS
1			7			13		
2			8			14		
3			9			15		
4			10			16		
5			11			17		
6			12			18		

1

[illegible]

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